

## SABPA PROSPECTIVE COHORT STUDY PROGRESS (2008-)

### PRINCIPAL INVESTIGATOR: PROF LEONÉ MALAN

#### A. CURRENT STATUS

Successful completion of the 3year follow-up (87.8%)

#### B. SABPA ACTIVE NATIONAL AND INTERNATIONAL COLLABORATORS

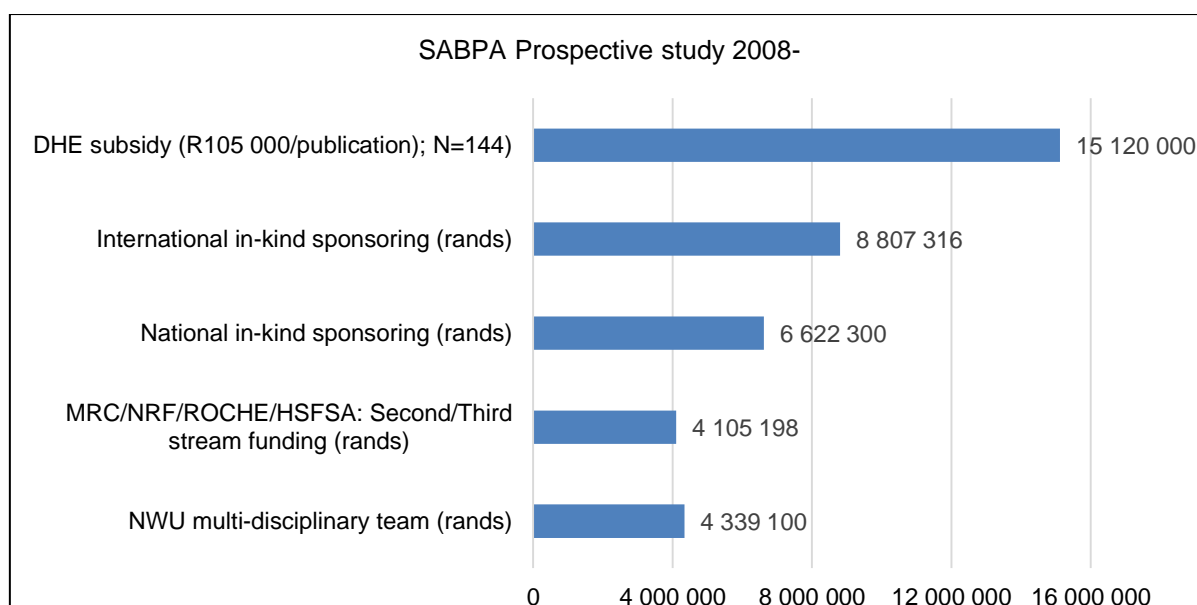
NAME OF COLLABORATOR	ENTITIES	FOCUS OF COLLABORATION	ACTIVE COLLABORATION: <u>SABPA &amp; STRESSED PROJECTS</u>
<b>INTERNATIONAL</b>			
1. Prof N Frasure-Smith (PhD)	McGill University, Centre de Recherche de Université de Montréal & Montreal Heart Institute, Quebec, Canada	<b>Depression and CVD risk</b>	Co-author, SABPA design
2. Prof M Hamer (PhD)	University College London, UK	<b>Psychophysiological responses</b>	Author/Co-author, external examiner, co-supervisor, SABPA design
3. Prof R von Känel (MD); Extra-ordinary Professor (HART)	Zürich University, Switzerland	<b>Procoagulation, CVD and mental stress</b>	Author/Co-author, co-supervisor
4. Prof T Ziemssen (MD, PhD) 5. Dr M Reimann (PhD)	Techniklinikum Dresden, Germany	<b>Autonomic Function Retinal vessel analyses</b>	Author/Co-author, co-supervisor, Stressed cohort
6. Dr W Vilser (PhD, Ing) 7. Prof K Kotliar (PhD, Ing)	Imedos, Jena, Germany FH Aachen University, Jülich, Germany	<b>Retinal vessel analyses</b>	External control SABPA retinal images, funding software, co-author
8. Prof JCN de Geus (PhD)	Vrije Universiteit, Amsterdam, The Netherlands	<b>Genetic polymorphisms, autonomic function and mental stress</b>	Co-author
9. Prof M Schlaich (MD, PhD) 10. Prof GW Lambert (PhD)	University Western Australia, Perth, Australia. Swinburne University of Technology, Hawthorn, Melbourne, Australia	<b>Endothelial function  Neurogenic Hypertension</b>	Co-author, funding: 24h urine catecholamine and cortisol
11. Prof A Alkerwi (MD, PhD)	Luxembourg Institute of Health, Luxembourg	<b>Cardiometabolic responses</b>	Co-author
12. Prof M	Lund University,	<b>SABPA: Metabolomics,</b>	Author/Co-author

Magnusson (MD) 13.O Melander (MD)	Malmö, Sweden.	<b>diabetes progression and Cardiovascular disease</b>	
14. Prof S Bacon	Montreal Behavioural Medicine Centre, Canada	<b>Psychophysiological responses</b>	Co-supervisor
15. Prof R Böger	University Medical Center, Hamburg, Germany	<b>Endothelial function</b>	Funding/Co-author
<b>SUB-SAHARAN AFRICA</b>			
16. Prof YK Seedat (MD, PhD)	University of KZN, Natal	<b>Planning; co-author, external examiner</b>	Co-author, Dept. Health Guidelines Advisory Board support
17. Prof R Delport (RN, PhD) 18. Prof P Rheeder (MD, PhD)	University Pretoria (UP)	<b>Cardiomyopathy</b>  <b>Cardiometabolic Diseases - Diabetes</b>	Co-authors, collaborators
19. Dr M Zatu (PhD)	Sefako Makgatho University	<b>Cardiometabolic Diseases</b>	Co-author, collaborator, Co-supervisor
20. Prof T Khumalo (PhD)	Vaal Campus, NWU	<b>Psychological stress</b>	Author/co-author, co-supervisor
21. ROCHE Diagnostics	Randburg, Gauteng	<b>Cardiometabolic responses</b>	Funding
22. Multidisciplinary team NWU	Hypertension in Africa Research Team (HART)	HART: cardiometabolic profile	<u>HART</u> Funding, collection of data, co-authoring
	Electrical & Electronic Engineering (P J van Vuuren)	Electrical & Electronic Engineering: Stressed	<u>Electrical &amp; Electron Eng.:</u> Bio-engineering modeling: StresSed phenotype
	PharmaCEN: (BH Harvey; M Wolmarans)	PharmaCEN: Depression	<u>PharmaCEN</u> Funding, co-authoring
	Education:(PJ Mentz)	Education: Teacher stress	<u>Education</u> Funding, co-authoring
	AUTHeR: (JC Potgieter; F van der Westhuizen, R Louw)	AUTHeR: Psychological distress;oxidative stress, metabonomics, genetic screening	<u>AUTHeR</u> Psychology: data collection, Author/co-author; funding, analyses, Co-author
	PhasRec: (JH de Ridder, M Swanepoel)	PhasRec: Physical activity, Anthropometry	<u>PhasRec</u> Funding, data collection & analyses, Author/Co-author
	Fieldworker: GJ Motlhasedi	Fieldworker	<u>Fieldworker</u> African Culture Expert: Recruitment, feedback

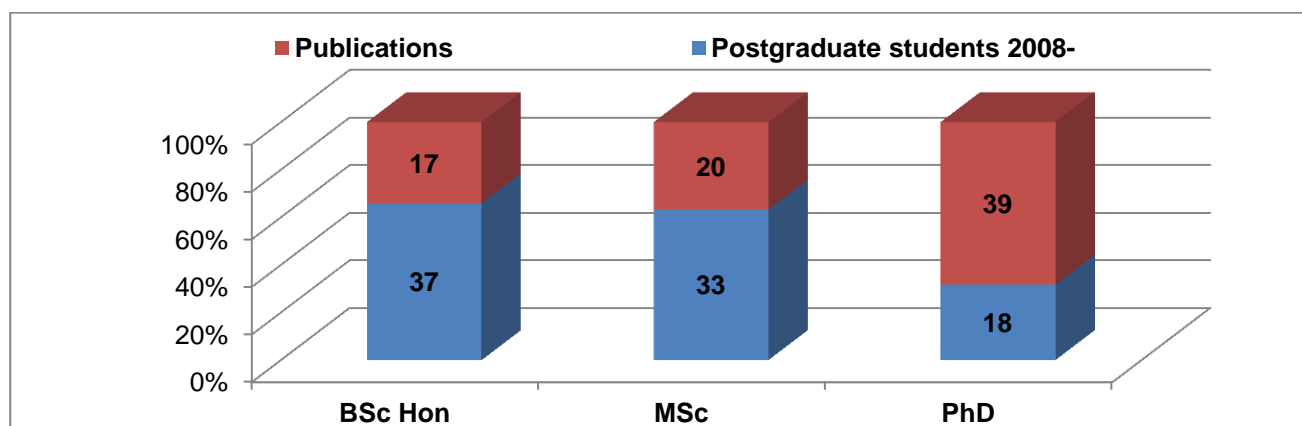
**2009- : SABPA STUDY FUNDING CONTRIBUTIONS****(R14.50 rand ~ 1 euro)****RAND**

<b>1. NWU Multidisciplinary team</b>	<b>4 339 100</b>
<b>2. Second Stream Funding</b>	<b>4 425 198</b>
• SABPA Award Metabolic Syndrome Institute (IDF committee), France	77 000
• Free State University, SA	471 200
• MRC, SA	1 145 000
• North-West Department of Education, SA	199 198
• NRF, SA	405 000
• PA & Alize Malan Trust, SA	17000
• ROCHE Diagnostics SA	1 790 000
• Heart & Stroke Foundation SA (HSFSA): 01/2019	320 000.00
<b>3. *National collaboration</b>	<b>6 622 300</b>
<b>4. *International Collaboration</b>	<b>8 807 316</b>

Publications as First authors, Open access fees; Biochemical analyses (In-kind sponsoring)



SABPA study: DHE (Department Higher Education) subsidy per peer-reviewed publication; funding and in-kind sponsoring.

**C. SABPA POSTGRADUATE and POSTDOC STUDENTS (2008-)**

**POSTDOC student guidance (N=4):**

2008-2009: S Péter (PhD, MD)

2016: F Hampel (PhD, MD)

2014: S Hoebel (PhD)

2015: M Möller-Wolmarans (BPharm, PhD)

**D. PROJECT INTERNATIONAL AWARD**

SABPA Study Design Excellence: Metabolic Syndrome Institute (France), New York, USA, 11th July 2008.

**E. SEMINARS/COLLOQUIUMS/SYMPOSIA**

2010: USA-Symposium (Portland, Oregon, USA): 68<sup>th</sup> American Psychosomatic Society Annual Meeting (Chair & Discussant, Prof JCN de Geus, Netherlands): Stress and health in black South Africans: The SABPA Study. Overview of Biomedical Pathophysiology Relevant to Stress and Disease. 13 March 2010. Plenary addresses [Proff L Malan, JC Potgieter, BH Harvey (South Africa), M Hamer (UK)].

2010: NWU-Colloquium: Prof John Reid (Glasgow, Scotland): Planning of Hypertension Research and Training Blood Pressure clinic, 2 March 2010 (6 CPD points) (N=52).

2011: NWU-Colloquium: Prof M Hamer (London, UK) & Dr M Reimann (Dresden, Germany): Cardiovascular risk and psychosocial stress, 18<sup>th</sup> – 23<sup>rd</sup> March 2011 (2 CPD points) (N=32).

2012: NWU-Colloquium: Prof Dr T Ziemssen (Dresden, Germany) & Dr Ing W Vilser (Jena, Germany): Retinal vessel analyses, 4-11 Sept 2012 (N=75).

2013: NWU-Colloquium: Prof Dr R von Känel (Barmelweid, Switzerland): Coagulation and depression, 18 Sept – 5 Oct 2013 (6 CPD points) (N=42).

2017: NWU-Symposium: Proff Dr M Magnusson & O Melander (Malmo, Sweden), R von Känel (Barmelweid, Switzerland), Dr JA Smuts (South Africa): Brain-Heart Cross talk and Cardiometabolic Health, 23 May 2017 (8 CPD points) (N=120).

**F. INTERNATIONAL WORKING VISITS TO NWU, SOUTH AFRICA**

2009: Mr D Mueller (Germany): Training of Dynamic Retinal vessel analyses.

2010: Prof J Reid (Scotland): Planning of Blood pressure clinic on Campus.

2011: Prof M Hamer (UK) & Dr M Reimann (Germany): SABPA data collection sites, training sessions, planning and discussing data dissemination.

2012: Prof Dr T Ziemssen (Germany) & Dr Ing W Vilser (Germany): Dynamic Retinal vessel data interpretation.

2013: Prof Dr R von Känel (Switzerland): SABPA data collection sites, training sessions, planning and discussing data dissemination.

2017: Proff Drs R von Känel (Switzerland); M Magnusson & O Melander (Sweden): SABPA project data dissemination.

**G. INVITED METANALYSIS/COLLABORATION**

1. Prof G Parati (MD), Istituto Auxologico Italiano and University of Milano-Bicocca, Milano, Italy. International Ambulatory blood pressure Registry: TeleMonitoring of hypertension and cardiovascular risk project: ARTEMIS (2011- )

2. Prof D Vancampfort, Belgium (Psychomotorisch therapist). Depression and cardiometabolic health: The SABPA Study (2012- )

3. Prof ML Molendijk, Leiden University, the Netherlands. Serum BDNF concentrations in depression (by antidepressant treatment) and healthy controls (2013- )

4. The #1 Antibody Resource (Emma Russell-Bennett): Request featuring 2013 paper (Int J Cardiol): von Willebrand factor antibodies webpage:

[http://www.antibodyresource.com/rateproduct/doi/10.1016/j.ijcard.2013.07.191/nico.malan\\_at\\_nwu.ac.za](http://www.antibodyresource.com/rateproduct/doi/10.1016/j.ijcard.2013.07.191/nico.malan_at_nwu.ac.za)

5. Dr M Mathur (MS): The association between perceived psychological stress and telomere length in humans. Quantitative Sciences Unit, Stanford University, USA: <https://med.stanford.edu/profiles/profiles/maya-mathur>
6. Boehringer Ingelheim: Increasing awareness of stroke incidence in South Africa: [carica.combrinck@boehringer-ingelheim.co.za](mailto:carica.combrinck@boehringer-ingelheim.co.za)
7. Prof A Sumner, NIH (USA). Waist circumference consensus guidelines in Africa. Proposed to finalise 2020.

#### **H. PUBLIC ENGAGEMENT (number of contributions in brackets)**

1. National & International papers: Burger (1), Volksblad (1), Herald (4), The Star (1); North-West Independent (2); Beeld (3); HORIZON2020: PanEuropean Networks 2014 & 2015 (2).
2. Radio interviews: SABC Monitor (1); Radio Pretoria (1); OFM (1).
3. SABPA project-stress relaxation (2) and feedback workshops: (2).
4. *Invited Popular Talks* (23)
5. Ongoing community service cardiovascular monitoring for local and referred patients: 24h ABPM & -ECG, 12-lead ECG, IOP, CIMT, plus full report.
6. YouTube video: Are you too B.U.S.Y. Brain-Heart Health: <https://www.youtube.com/watch?v=RW2iwJ05-5o&feature=youtu.be>

#### **I. SABPA POSTER AWARD**

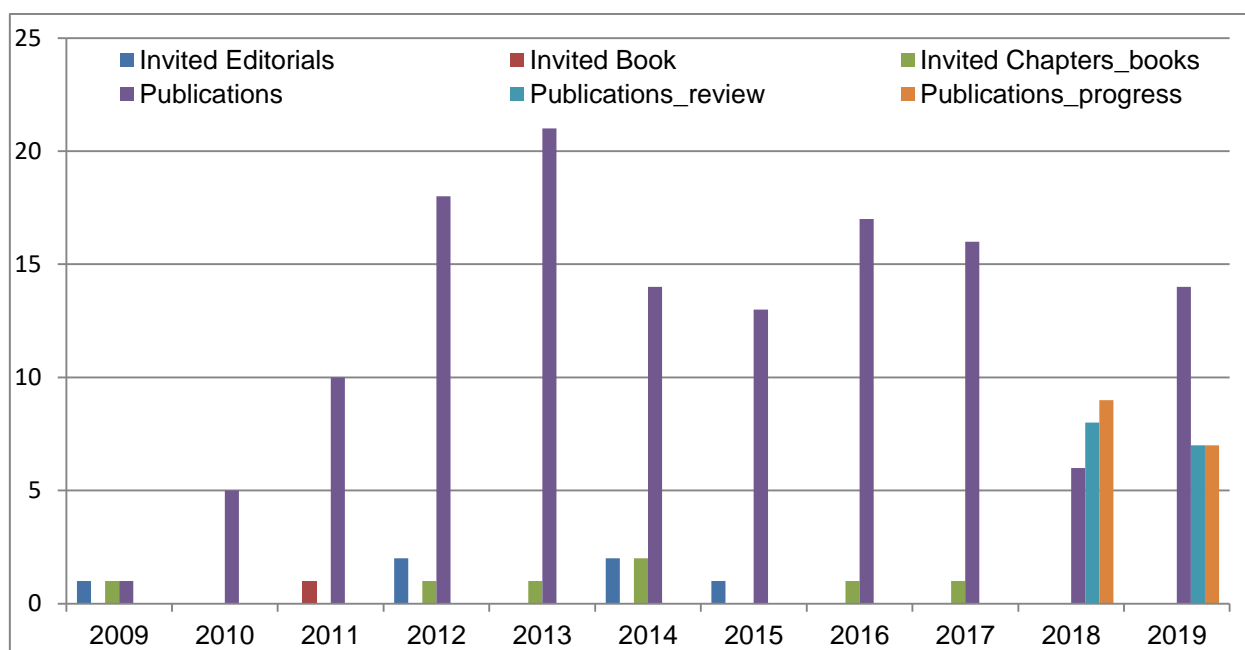
Alberto Ferrari best poster award (Section: Neural Mechanisms) 21st European Society of Hypertension (ESH) meeting, Milan, Italy, 20th June 2011.

#### **J. SABPA RIPPLE EFFECT**

L & NT Malan sparked the conceptualization and implementation of the Hypertension and Training on-campus clinic.

#### **K. SABPA OUTPUT**

<b>PEER REVIEWED PUBLICATIONS: 2009 –</b>	
<b>METRICS SUMMARY</b>	<b>Number</b>
Peer-reviewed Articles	130
Book	1
Peer-reviewed Chapters in Books	7
Editorials (Invited)	4
Popular manuscript/One-pager	2
Commentary (Invited)	2
Peer-reviewed Articles (Impact factors)	IF $\geq$ 8 (n=4)
	IF $\geq$ 7-8 (n=4)
	IF $\geq$ 4-7 (n=21)
	IF 1.02-3.99 (n=101)



**Figure 1: SABPA OUTPUT**

### **GENBANK DATA**

Pretorius M, van der Westhuizen FH, Malan L, Schoonen M; Elson J, Malan L. Mitochondrial DNA sequences of South African population: The SABPA study. Submission date 9 Sept 2017. Genbank Accession: PRJNA403942 ID: 403942. <https://www.ncbi.nlm.nih.gov/bioproject/403942>; <https://www.ncbi.nlm.nih.gov/Traces/study/?acc=SRP117189>; Summary list: <https://www.ncbi.nlm.nih.gov/sra/?term=SRP117189>.

### **POPULAR MANUSCRIPTS/EDITORIALS**

1. *Invited one-pager*: Malan L. The Heart-Brain link. PanEuropean Networks: H1 - Hypertension – HP10053 – HORIZON 2020; 2014:148.
2. *Invited one-pager*: Malan L. Heart-Heart Health. PanEuropean Networks: H2 - Hypertension – HP10117 – HORIZON 2020; 2014:172. <http://www.horizon2020publications.com/H2/#172>
3. *Invited editorial*: Malan L. Coping with urbanization: a cardio-neuro-metabolic risk for black South Africans? MetS Insight, 2008,14(9):4-6.
4. *Invited editorial*: Malan L, Malan NT, Du Plessis A, Wissing MP, Potgieter JC, Seedat YK. The cost of coping: a cardio-neuro-metabolic risk for South Africans? CardioVasc J Afr 2012;21(4). <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3721487/>
5. *Invited editorial*: Malan L. Review on the SABPA study. SA Cardiology and Stroke, Jan/Febr Issue 2012:6.
6. *Invited manuscript*: Van Lill AS, Malan L, Schutte R, Steyn HS. Sympathovagal balance, renin responses and structural vascular disease in dipper and non-dipper urban Africans: the SABPA study. SA Cardiology & Stroke 2012;6(1):8-15. [https://scholar.google.com/citations?view\\_op=view\\_citation&hl=ru&user=GxcOYzwAAAAJ&cstart=100&pagesize=100&sortby=title&citation\\_for\\_view=GxcOYzwAAAAJ:J-pR\\_7NvFogC](https://scholar.google.com/citations?view_op=view_citation&hl=ru&user=GxcOYzwAAAAJ&cstart=100&pagesize=100&sortby=title&citation_for_view=GxcOYzwAAAAJ:J-pR_7NvFogC)
7. *Invited editorial*: Malan L, Malan NT. The microcirculation as early prognostic factor in the control of blood pressure. VASA 2015 44(4):245-246. <https://www.ncbi.nlm.nih.gov/pubmed/26314355>

## INVITED COMMENTARY

1. Malan L, Hamer M, de Kock A, Scheepers JD, Malan NT. Stress Appraisal and Risk Markers for Structural Vascular Disease. *Int Atherosclerosis Soc* [Internet]. 2013. <http://www.athero.org/commentaries/comm1133.asp>
2. Schutte AE, Schutte R, Huisman HW, Van Rooyen JM, Fourie CMT, Malan NT, Malan L. Blood pressure variability is significantly associated with ECG left ventricular mass in normotensive Africans: The SABPA study. *SA Cardiol & Stroke Jan/Feb Issue*, 2012.

## BOOKS

1. ***Invited:*** Hoebel S, Malan L, De Ridder HS. Determining cut-off values for neck circumference as a measure of the metabolic syndrome amongst a South African cohort: the SABPA study. VDM Verlag Dr. Müller. 2011. ISBN-13:978-3639365580. 124p. <http://www.amazon.com/association-anthropometric-parameters-diabetes-Africans/dp/3639365585>

## CHAPTERS IN BOOKS

1. ***Invited:*** Malan L, Oosthuizen W, Malan NT, Potgieter JC, Seedat, Y.K. Coping with psychosocial stress reflects in changes in the cardio-endocrine profile of Africans. *In: Psychological Factors and Cardiovascular Disorders* (Ed: Prof Sher, L et al., Columbia University, New York). 2009. ISBN: 978-1-60741-189-5.
2. ***Invited:*** Hoebel S, Malan L, De Ridder HS. The association of anthropometric parameters with Type 2 Diabetes and microalbuminuria in black African males and females: the SABPA Study. Germany, VDM Publishing House. 2012. ISBN: 978-3-639-36558-0.
3. ***Invited:*** Willers M, Potgieter JC, Khumalo IP, Malan L, Mentz PJ, Ellis S. Coping and Cultural Context: Implications for Psychological Health and Well-Being, pp251-272. *In: Well-Being Research in South Africa Series: Cross-Cultural Advancements in Positive Psychology, Vol. 4(XIII)*. (Ed: Wissing MP). 2013. ISBN 978-94-007-6368-5. 639p. <http://www.springer.com/gp/book/9789400763678>
4. ***Invited:*** Van Staden R, Malan L, Van Rooyen JM. Cardiomyopathy vulnerability in an urban African male cohort: the SABPA Study. *In: Urbanization: Global Trends, Role of Climate Change and effects on Biodiversity*. (Ed: Kauffman HJ), Nova Science Publishers. New York. 2014. ISBN: 978-1-63117-063-8.
5. ***Invited:*** Malan L, Oosthuizen W, JD Scheepers, Möller-Wolmarans M, Malan NT. Coping and autonomic dysfunction *act* in tandem with alcohol-related sub-clinical atherosclerosis: The SABPA Study. *In: Substance Abuse: Prevalence, Genetic and Environmental Risk Factors and Prevention* (Ed: Raines J), Nova Science Publishers. New York. 2014. ISBN: 978-1-63321-950-2. Pp107-128. [https://www.novapublishers.com/catalog/product\\_info.php?products\\_id=52183](https://www.novapublishers.com/catalog/product_info.php?products_id=52183)
6. ***Invited:*** Malan NT, von Känel R, Smith W, Lambert GW, Vilser W, Eikelis N, Reimann M, **Malan L**. A challenged sympathetic system, is associated with retinal vascular calibre in a Black male cohort: the SABPA study. *In: Microcirculation in Health and Disease*. (Ed H Lenasi), InTech. Janeza Trdine, Rijeka, Croatia, 2016. ISBN 978-953-51-4801-2. Pp135-153. <http://www.intechopen.com/articles/show/title/a-challenged-sympathetic-system-is-associated-with-retinal-vascular-calibre-in-a-black-male-cohort-t>
7. ***Invited:*** **Malan L**, Malan NT. Emotional Stress as a Risk for Hypertension in Sub-Saharan Africans: Are We Ignoring the Odds? (Ed Md. S Islam). *In: Hypertension: from basic research to clinical practice; Adv Exp Med Biol - Advances in Internal Medicine 2017*;2:497–510. DOI 10.1007/5584\_2016\_37. ISBN 978-3-319-44250-1. [http://link.springer.com/chapter/10.1007/5584\\_2016\\_37](http://link.springer.com/chapter/10.1007/5584_2016_37)



**PEER-REVIEWED PUBLICATIONS****2009**

1. Schutte R, Schutte AE, Huisman HW, van Rooyen JM, Malan NT, Péter S, Fourie CMT, van der Westhuizen, Louw R, Botha CA, Malan L. Blood glutathione and sub-clinical atherosclerosis in African men: the SABPA Study. *Am J Hypertens* 2009;22:1154-1159. <https://www.ncbi.nlm.nih.gov/pubmed/19730419>

**2010**

2. Hamer M & Malan L. Psychophysiological risk markers of cardiovascular disease. In: *Psychophysiological Biomarkers of Health. Special Edition: Neurosc Biobehav Rev.* 2010;35:76-83. <https://www.ncbi.nlm.nih.gov/pubmed/19909773>
3. Schutte R, Huisman HW, Schutte AE, Malan NT, van Rooyen JM, Fourie CMT, Malan L. Serum calcium revisited. Associations with 24-hour ambulatory blood pressure and cardiovascular reactivity in African men: the SABPA Study. *Hypertens Res* 2010;33:688-694. <https://www.ncbi.nlm.nih.gov/pubmed/20448635>
4. Mashele N, JM van Rooyen, L Malan, JC Potgieter. Cardiovascular function and psychological distress in urbanised black South Africans: the SABPA Study. *Cardiovasc J Afr* 2010;21(4):206-11. <https://www.ncbi.nlm.nih.gov/pubmed/20838719>
5. Hoebel S, de Ridder, JH, Malan L. The association between anthropometric, metabolic syndrome and microalbuminuria in black Africans: the SABPA Study. *Cardiovasc J Afr.* 2010;21(3):148-152. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3734740>
6. Du Plessis A, Malan L, Malan NT. Coping and the metabolic syndrome in urban black South African men: the SABPA study. *Cardiovasc J Afr.* 2010;21(5):268-73. <https://www.ncbi.nlm.nih.gov/pubmed/20972515>. **Andries-Brink Kaye Award (best article in Cardiovasc J Afr 2010)**

**2011**

7. M Hamer, L Malan, NT Malan, AE Schutte, HW Huisman, JM van Rooyen, R Schutte, CMT Fourie, Seedat YK . Plasma renin responses to mental stress and carotid intima media thickness in black Africans: the SABPA Study. *J Hum Hypertens.* 2011;25:437-443. <https://www.ncbi.nlm.nih.gov/pubmed/20686501>
8. Hamer M, Malan L, Malan NT, Schutte AE, Huisman HW, van Rooyen JM, Schutte R, Fourie CMT, Seedat YK. Objectively assessed health behaviors and sub-clinical atherosclerosis in black and white Africans: the SABPA Study. *Atherosclerosis* 2011;215:237-242. [https://www.researchgate.net/publication/49731096\\_Conventional\\_and\\_behavioral\\_risk\\_factors\\_explain\\_differences\\_in\\_sub-clinical\\_vascular\\_disease\\_between\\_Black\\_and\\_Caucasian\\_South\\_Africans\\_The\\_SABPA\\_Study](https://www.researchgate.net/publication/49731096_Conventional_and_behavioral_risk_factors_explain_differences_in_sub-clinical_vascular_disease_between_Black_and_Caucasian_South_Africans_The_SABPA_Study)
9. Schutte AE, Schutte R, Huisman HW, Van Rooyen JM, Fourie CMT, Malan NT, Malan L. Blood Pressure variability is significantly associated with ECG left ventricular mass in normotensive Africans: the SABPA Study. *Hypertens Res.*2011;34:1127-1134. <https://www.ncbi.nlm.nih.gov/pubmed/21796132>
10. Hamer M, Malan NT, Harvey BH, Malan L. Depressive symptoms and sub-clinical atherosclerosis in Africans: role of metabolic syndrome, inflammation and sympathoadrenal function: the SABPA study. *Phys & Behav.* 2011;104:744-8. <https://www.ncbi.nlm.nih.gov/pubmed/21208616>
11. Lammertyn L, Schutte AE, Schutte R. Blood glucose and nocturnal blood pressure in African and Caucasian men: The SABPA study. *Diabetes Res Clin Pract.* 2011;93(2):235-42. <https://www.ncbi.nlm.nih.gov/pubmed/21632140>
12. Lammertyn L, Schutte R, Schutte AE, Huisman HW, van Rooyen JM, Malan NT, Fourie CMT, Malan L. Associations of cholesterol and glucose with cardiovascular dysfunction in



- black Africans: the SABPA Study. *J Clin Exp Hypertens* 2011;33(3):159-166. <https://www.ncbi.nlm.nih.gov/pubmed/21513480>
13. Hoebel S, Malan L, De Ridder JH. Differences in MetS marker prevalence between Black and Caucasian teachers from the North West province, South Africa: The SABPA Study. the SABPA Study. *J Endocrin Met Diab SA*. 2011;16:49-56. <http://www.jemdsa.co.za/index.php/JEMDSA/article/viewFile/212/263>
  14. Van Lill AS, L Malan, JM van Rooyen, Ziemssen T, Reimann M. Baroreceptor sensitivity and left ventricular hypertrophy in urban South African men: The SABPA Study. *Blood Pressure* 2011;20:355-61. <https://www.ncbi.nlm.nih.gov/pubmed/21545353> [http://www.saheart.org/uploads/files/SAHJ\\_spring\\_2012\\_newsletter.pdf](http://www.saheart.org/uploads/files/SAHJ_spring_2012_newsletter.pdf)
  15. Prinsloo J, Malan L, de Ridder JH, Potgieter JC, Steyn HS. Determining the waist circumference cut off which best predicts the Metabolic Syndrome components in urban Africans: The SABPA study. The SABPA study. *J Exp Clin Endocrin & Diab* 2011;119:1-5. <https://www.ncbi.nlm.nih.gov/pubmed/22068551>
  16. Schutte R, Schutte AE, Huisman HW, Glyn MCP, van Rooyen JM, Malan NT, Fourie CMT, Malan L. Ambulatory blood pressure, arterial stiffness and low-grade albuminuria in African and Caucasian men: the SABPA study. *Hypertens Res* 2011;34:862-868. <https://www.ncbi.nlm.nih.gov/pubmed/21525947>
- 2012**
17. Hamer M, Frasure-Smith N, Lespérance F, Harvey BH, Malan NT, Malan L. Depressive symptoms and 24h blood pressure in Africans: The SABPA study. *Int J Hypertens* 2012. PMID: 22028954. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3199098>.
  18. Huisman HW, Schutte R, Schutte AE, Van Rooyen JM, Malan NT, Fourie CMT, Glyn MC, Malan L. The usefulness of Y-glutamyltransferase as a marker of cardiovascular function in Africans and Caucasians: The SABPA study. *Clin Exp Hypertens* 2012;34(1):8-16. <https://www.ncbi.nlm.nih.gov/pubmed/22148881>
  19. Reimann M, Ziemssen T, Rüdiger H, Schlaich MP, Malan L, Malan NT, Hamer M. Spectral analyses and autonomic dysfunction in a African cohort: the SABPA Study. *Psychophysiology* 2012;49(4):454-461. <https://www.ncbi.nlm.nih.gov/pubmed/22176778>
  20. Malan L, Hamer M, Schlaich MP, Lambert GW, Ziemssen T, Reimann M, Van Rooyen JM, Schutte R, Schutte AE, Huisman HW, Fourie CMT, Harvey BH, De Geus JCN, Seedat YK, Malan NT. Facilitated defensive coping, silent ischemia and ECG left ventricular hypertrophy: the SABPA Study. *J Hypertens* 2012;30(3):543-550. <https://www.ncbi.nlm.nih.gov/pubmed/22245987>
  21. Hamer M, Malan L. Sympathetic nervous activity and metabolic syndrome in Africans: the SABPA Study. *Stress* 2012;15(5):562–568. <https://www.ncbi.nlm.nih.gov/pubmed/22150400>
  22. Malan NT, Hamer M, Lambert, GW, Schutte AE, Huisman HW, van Rooyen JM, Mels CM, Smith W, Fourie CMT, Schutte R, Kruger R, Malan L. Sex hormones associated with subclinical kidney damage and atherosclerosis in South African men: the SABPA study. *J Hypertens* 2012;30(12):2387-2394. <https://www.ncbi.nlm.nih.gov/pubmed/23111623>
  23. Reimann M, Hamer M, Schlaich MP, Malan NT, Ruediger H, Ziemssen T, Malan L. Greater cardiovascular reactivity to a cold stimulus is due to higher cold pain perception in black Africans: the Sympathetic Activity and Ambulatory Blood Pressure in Africans (SABPA) study. *J Hyper* 2012;30(12):2416-2424. <https://www.ncbi.nlm.nih.gov/pubmed/23111622>
  24. Meyburgh D, Malan L, van Rooyen JM, Potgieter JC. Cardiovascular, cortisol and coping responses in urbanised Africans: The SAPBA Study. *Cardiovasc J Afr* 2012;23(1):28-33. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3721911>
  25. Kruger R, Schutte R, Huisman HW, Van Rooyen JM, Malan NT, Fourie CMT, Louw R, Van der Westhuizen F, Van Deventer CA, Malan L, Schutte AE. Associations between reactive
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- L. PEER-REVIEWED CONFERENCE PROCEEDINGS:** Plenary/keynote presentations (n=71); Poster presentations (n=58).
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